

## Dose Distribution 6 MV of X-Ray Photon Beam over Cerium Oxide Nanoparticles Solution

Iis Nurhasanah<sup>1\*</sup>, Hella Arofah<sup>1</sup>, Agus Subagio<sup>1</sup>, Eko Hidayanto<sup>1</sup>, Tri Windarti<sup>2</sup>

<sup>1</sup>Department of Physics, Faculty of Science and Mathematics, Universitas Diponegoro, Semarang, Indonesia

<sup>2</sup>Department of Chemistry, Faculty of Science and Mathematics, Universitas Diponegoro, Semarang, Indonesia

<sup>\*</sup>Corresponding author: [Nurhasanah@fisika.fsm.undip.ac.id](mailto:Nurhasanah@fisika.fsm.undip.ac.id)

### ARTICLE INFO

#### Article history:

Received: 1 November 2020

Accepted: 26 November 2020

Available online: 30 November 2020

#### Keywords:

Nanoparticles

CeO<sub>2</sub>

Dose distribution

Radioprotector

### ABSTRACT

CeO<sub>2</sub> nanoparticles are biomaterial that demonstrate potential as antioxidant and radioprotector for medical application. In this study, the radioprotector properties of CeO<sub>2</sub> nanoparticles was evaluated by measuring absorbed dose of X-ray radiation. CeO<sub>2</sub> nanoparticles were synthesized by precipitation and characterized using UV-Vis and FTIR spectrometers. CeO<sub>2</sub> nanoparticle solution was prepared with various concentrations from 0.005 mg/mL to 0.06 mg/mL. The solution was exposed to 6 MV X-ray photon beam from medical linear acceleration with a source-to-surface distance of 100 cm and radiation dose of 2 Gy. The absorbed dose of X-ray by CeO<sub>2</sub> nanoparticle solution was measured by an ion chamber detector. The absorbance peak at 301 nm observed in UV-Vis spectrum and absorbance peak at 854 and 492 cm<sup>-1</sup> in the FTIR spectrum confirmed the formation of CeO<sub>2</sub> nanoparticles. Radiation dose measurement exhibited dose reduction of CeO<sub>2</sub> nanoparticles solution depend on concentration. CeO<sub>2</sub> nanoparticle solution with concentration higher than 0.04 mg/mL showed potential application for radioprotector 6 MV of X-ray photon beam.

### 1. Introduction

To date, ionizing radiation such as X-rays is considered the most adequate method for cancer therapy. Cancer cells can be killed easily by ionizing radiation but this technique can also damage healthy tissues [1,2]. In high doses, healthy tissues are more difficulty in repairing themselves as opposed to abnormal tissues. Therefore, the challenge in cancer therapy is optimizing cancer cell killing and minimizing healthy cell damage surrounding cancer tissues. To overcome these problems, radiosensitizers have been developed to enhance cancer cell killing, whereas radioprotectors have been developed to protect healthy tissue and reduce radiation damage.

Cell damage due to ionizing radiation with low LET (photon or electron) is mainly ascribed to the effect of free radical generation [3]. Therefore, the material that can scavenge free radicals is beneficial as a radioprotector. Suitable antioxidant treatment in radiotherapy appears to inhibit or reduce harmful effect of free radical, thereby protecting against radiation. The toxicity, antioxidant activity and radioprotective effect of CeO<sub>2</sub> nanoparticles have been extensively investigated. The most attractive potential of CeO<sub>2</sub> nanoparticles is its possible application for anti-cancer treatment. CeO<sub>2</sub> nanoparticles are toxic to cancer cell, but exhibit low

toxicity to healthy cells around the cancer tissue and tend to protect such cells [4-8]. Given the antioxidant properties of CeO<sub>2</sub> nanoparticles, they are a good radioprotector of healthy tissue in radiotherapy. Antioxidant properties of CeO<sub>2</sub> nanoparticles attributed to the reversible transformation of oxidation state between Ce<sup>3+</sup> and Ce<sup>4+</sup> [4-9].

In our previous study, we reported that the antioxidant activity of CeO<sub>2</sub> nanoparticles depends on the preparation synthesis. CeO<sub>2</sub> nanoparticles were synthesized by precipitation at various calcination temperatures. As-calcined CeO<sub>2</sub> nanoparticles at 500°C with concentrations of 0.02-0.06 mg/mL exhibited a protective effect on *Escherichia coli* damage induced by X-rays radiation [9]. When the CeO<sub>2</sub> nanoparticle solution was irradiated by 6 MV of X-rays photon beam, the X-rays interacted directly with the water molecules causing radiolysis and generating ROS. At the same time X-rays also interacted with CeO<sub>2</sub> nanoparticles causing the pair production effect [8, 10, 11]. In the present study, the radioprotective effect of CeO<sub>2</sub> nanoparticles were analyzed by investigating the dose distribution of X-rays radiation over CeO<sub>2</sub> nanoparticle solution with various concentrations. Furthermore, dose enhancement factor (DEF) of CeO<sub>2</sub> nanoparticles solutions was calculated to

evaluate the role of CeO<sub>2</sub> nanoparticles in radiotherapy. Nanoparticles can act as radioprotector when DEF < 1.0 [8, 10, 11].

## 2. Experimental method

### Synthesis and Characterization of CeO<sub>2</sub> Nanoparticles

CeO<sub>2</sub> nanoparticles were synthesized by precipitation with a solvent mixture of demineralized water and isopropanol with the volume ratio of 1:6. Precipitation was conducted by dripping ammonium hydroxide into cerium (III) nitrate hexahydrate solution until pH 10 was obtained. The product precipitate was dried at 60°C for 1 h and calcined at 500°C for 2 h [9].

Characterization was performed to identify the formation of CeO<sub>2</sub> nanoparticles. The optical properties and functional groups of CeO<sub>2</sub> nanoparticles were characterized using a UV-Vis and Fourier transform infrared (FTIR) spectrometer. The absorbance spectrum was then analyzed to determine the band gap, and the functional group of CeO<sub>2</sub> nanoparticles was identified by FTIR spectroscopy.

### Measurement of Radiation Dose

CeO<sub>2</sub> nanoparticle solution was prepared by dissolving a certain amount of CeO<sub>2</sub> nanoparticles into 0.9% NaCl solution to obtain concentrations of 0.005, 0.01, 0.02, 0.04 and 0.06 mg/mL. Pure NaCl solution and CeO<sub>2</sub> nanoparticle solution were placed in a Petri dish with a diameter of 8.5 cm. Each solution was exposed to 6 MV X-ray photon beam from a medical linear accelerator. The radiation experiment was carried out with the source to surface distance of 100 cm, field width of 10 cm x 10 cm, and radiation dose of 2 Gy. The scheme of the setup for dose measurement is shown in Fig. 1. The radiation dose at given coordinate points was measured by an ion chamber detector. The data were then used to calculate the dose enhancement factor (DEF) using Eq. (1). DEF is defined as the ratio of absorbed dose with CeO<sub>2</sub> nanoparticles present to absorbed dose without CeO<sub>2</sub> nanoparticles [8, 10, 11].

$$DEF = \frac{\text{Dose in the sample with CeO}_2}{\text{Dose in the sample without CeO}_2} \quad (1)$$

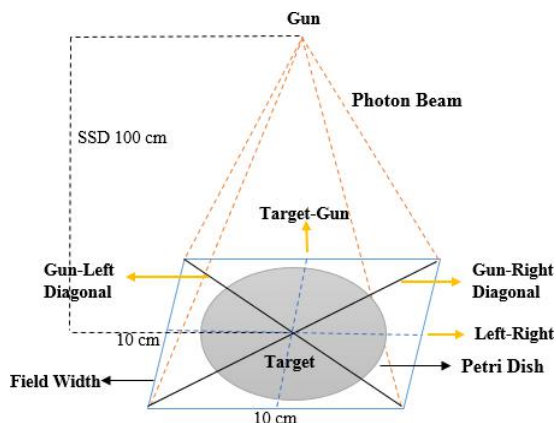


Fig 1: Scheme of the setup for dose measurement.

## 3. Results and discussion

### Characteristic of CeO<sub>2</sub> nanoparticles

Nanoparticles were obtained in the form of a fine yellow powder suggesting the formation of CeO<sub>2</sub>. This can be confirmed based on the absorbance spectrum analysis. The absorbance spectrum in Fig.

2 shows the strong absorption properties of CeO<sub>2</sub> nanoparticles in the wavelength range between 200 and 350 nm. The figure also shows the absorption peak at 301 nm which was the peak characteristic of CeO<sub>2</sub> and correspond to the band gap of CeO<sub>2</sub> nanoparticles. The band gap was determined using Tauc's plot method, as shown in the insert Fig. 2. On the basis of the extrapolation of Tauc's plot, the band gap of CeO<sub>2</sub> nanoparticles in this study was 3.49 eV. This value was higher than the band gap of bulk CeO<sub>2</sub> (3.2 eV) [12]. The increase in band gap of CeO<sub>2</sub> nanoparticles compared with that of bulk CeO<sub>2</sub> was also observed in several studies, with value of 3.44 [13], 3.64-3.76 eV [14] and 3.46 eV [15]. In addition, the peak at 301 nm revealed the existency of Ce<sup>4+</sup> on the sample that important role in the interaction with x-ray radiation as radioprotection [4-9].

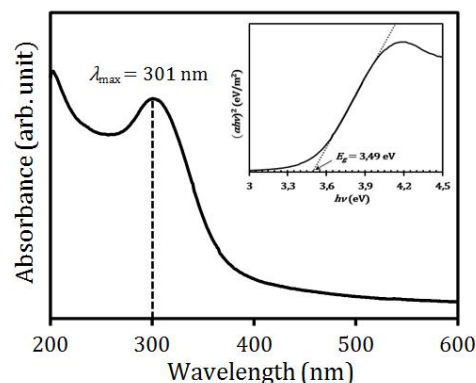


Fig. 2: An absorbance spectrum of CeO<sub>2</sub> nanoparticles.

Fig. 3 depicts the FTIR spectrum of the synthesized CeO<sub>2</sub> nanoparticles. The absorption peak at 2000-3400 cm<sup>-1</sup> was observed for the OH stretching vibration of H<sub>2</sub>O in the sample. The absorption bands at 1342 and 1542 cm<sup>-1</sup> were related to the physically adsorbed water molecules. The absorption bands at 491 cm<sup>-1</sup> corresponded to the stretching vibration characteristic of CeO<sub>2</sub>. These results indicated the formation of CeO<sub>2</sub> nanoparticles [14-15].

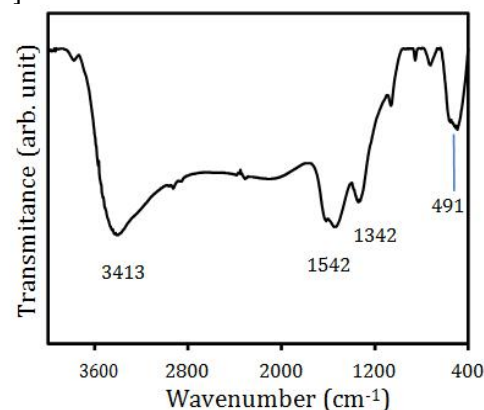


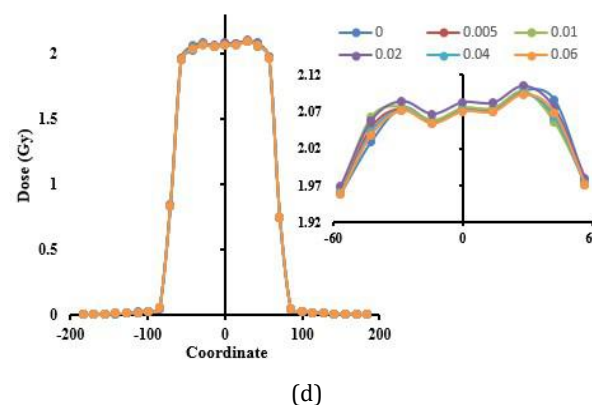
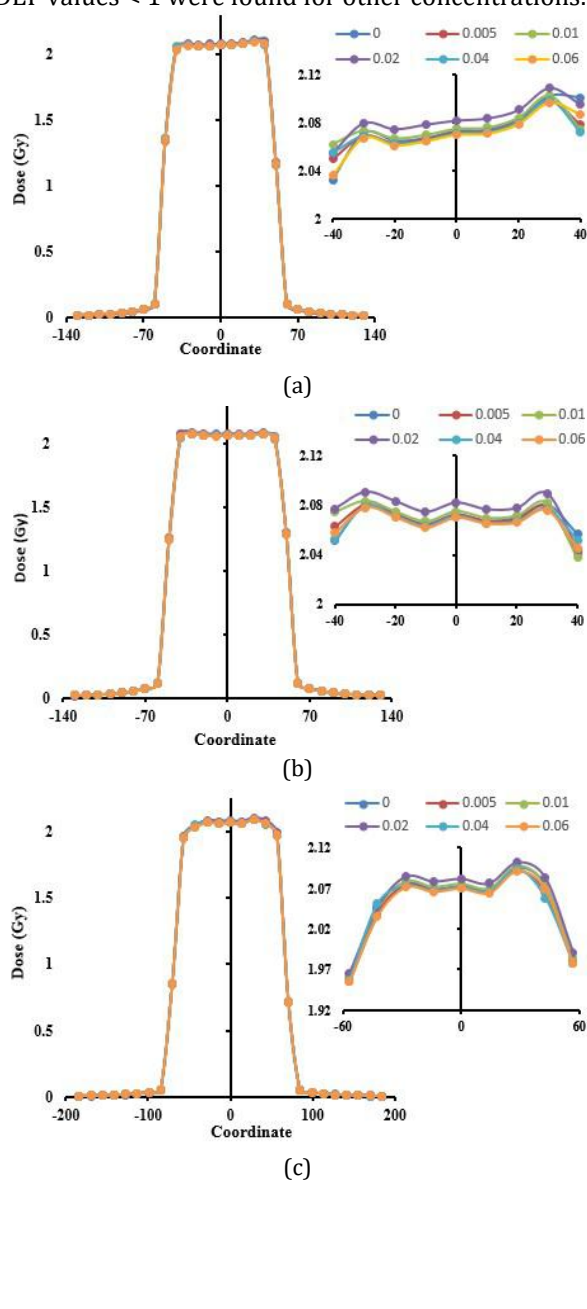
Fig. 3: FTIR spectrum of CeO<sub>2</sub> nanoparticles.

### Dose Distribution of X-ray over CeO<sub>2</sub> Nanoparticles Solution

The role of nanoparticles as radioprotector in radiotherapy, can be determined by the ability of nanoparticles to absorb radiation and is characterized by DEF. The dose distribution of each coordinate position for various concentrations of CeO<sub>2</sub> nanoparticles is shown in Fig. 4. The coordinate points from -50 to 50 represent the value of absorbed dose measured on the radiation field, whereas the other coordinate points show exposure

outside the radiation field, which was still captured by the detector. The insert in Fig. 4 shows the dose distribution over CeO<sub>2</sub> nanoparticle solutions differed for each concentration. The concentration of 0.02 mg/mL presented the highest absorbed dose value than the other concentrations, and it was higher than the absorbed dose for the solution without CeO<sub>2</sub> nanoparticles. Meanwhile, the absorbed dose of other concentrations was almost similar and close to the control. Thus, the ability of CeO<sub>2</sub> nanoparticles to absorb radiation was dependent on its concentration [8, 10, 11].

The potential role of CeO<sub>2</sub> nanoparticles in radiotherapy was then determined by calculating DEF. Nanoparticles can act as radioprotector when DEF < 1.0 [8, 10, 11]. Fig. 5 shows the DEF value of CeO<sub>2</sub> nanoparticles solution with various concentrations. The DEF value >1 (1.001 and 1.004) were found for CeO<sub>2</sub> nanoparticle solutions with concentrations of 0.01 and 0.02 mg/mL, respectively. DEF values < 1 were found for other concentrations.



**Fig. 4:** Dose distribution in each position graph (a) target-gun, (b) left-right, (c) diagonal gun-right, and (d) diagonal gun-left, (the insert shows the dose distribution in a short range).

Theoretically, cross section probability of interaction between X-rays and CeO<sub>2</sub> nanoparticles solution would increase and X-rays radiation energy deposited in solution would also increase as increase in concentration [17-19]. Therefore, the absorbed dose increase and DEF decrease with increasing concentration of CeO<sub>2</sub> nanoparticles. However, DEF increased from 0.999 to 1.004 with increasing CeO<sub>2</sub> concentration from 0.005 to 0.02 mg/mL and then DEF decreased at concentration of CeO<sub>2</sub> nanoparticles 0.04 mg/mL. When the CeO<sub>2</sub> nanoparticle solution was irradiated by X-rays, the X-rays interacted directly with the water molecules causing radiolysis and generating ROS such as OH<sup>\*</sup>, H<sub>2</sub>O<sub>2</sub>, OH<sup>•</sup>, O<sub>2</sub><sup>•</sup>, H<sub>2</sub>O<sup>\*</sup>, and H<sup>•</sup>. Two valence states Ce<sup>3+</sup> and Ce<sup>4+</sup> (co-exist) were present on the surface of CeO<sub>2</sub> nanoparticles. CeO<sub>2</sub> nanoparticles could reversibly oxidize from Ce<sup>3+</sup> and Ce<sup>4+</sup> through interaction with free radicals. This phenomenon led to a reduction in the absorbed dose [4-8]. In addition, the physical interaction between photons (with energy > 1.02 MeV) and the high-Z material like as Cerium (Z = 58) is predominantly based on the pair production effect [19]. The concentration of CeO<sub>2</sub> from 0.005 to 0.02 mg/mL did not provide an effective increase in the cross-section for the pair production, then DEF is increased. Meanwhile, the concentration of CeO<sub>2</sub> at 0.04 and 0.06 mg/mL provided more effective of cross section for the pair production lead to lower DEF.

The major component in biological systems such as human tissue is water molecules. Therefore, by

injecting high-Z material, such as CeO<sub>2</sub> into tissue, the local radiation effect was enhanced and cell damage occurred. However, the obtaining DEF value is in the range of 0.998 to 1.004. These values are less than 1.01, so that CeO<sub>2</sub> nanoparticles could reduce the radiation dose and lead to a protective effect [8].

#### 4. Conclusions

CeO<sub>2</sub> nanoparticles are biomaterials with potential application in radiotherapy. Cerium oxide nanoparticles were synthesized by precipitation. The peak in the observed absorbance spectrum at 301 nm wavelength and absorption bands at 491 cm<sup>-1</sup> observed on the FTIR spectrum corresponded to characteristic of CeO<sub>2</sub> nanoparticles. The radiation dose of 6 MV X-ray photon beam was measured to investigate the absorbed dose over CeO<sub>2</sub> nanoparticle solutions. The radiation dose distribution of CeO<sub>2</sub> nanoparticles solution was depended on the concentration. The DEF of the CeO<sub>2</sub> nanoparticles solution was lower than 1.0 for the CeO<sub>2</sub> concentrations higher than 0.04 mg/mL. Therefore, CeO<sub>2</sub> nanoparticles were found to provide radioprotection effects.

#### Acknowledgment

This research was supported by The Ministry of Research, Technology and Higher Education of Republic of Indonesia.

#### References

- [1] R. Baskar, K. A. Lee, R. Yeo and K. Yeoh, "Cancer and radiation therapy: Current advances and future directions," *Int. J. Med. Sci.*, **9**, 193-199, (2012).
- [2] M. I. Koukourakis, "Radiation damage and radioprotectants: New concepts in the era of molecular medicine," *Br. J. Radiol.*, **85**, 313-330, (2012).
- [3] P. Maier, F. Wenz and C. Herskind, "Radioprotection of normal tissue cells," *Strahlenther Onkol.*, **190**, 745-752, (2014).
- [4] H. Li, Z. Yang, C. Liu, Y. Zeng, Y. Hao, Gu Y, W. Wang, and R. Li, "PEGylated ceria nanoparticles used for radioprotection on human liver cells under  $\gamma$ -ray irradiation," *Free Radic. Biol. Med.*, **87**, 26-35, (2015).
- [5] C. Xu and X. Qu, "Cerium oxide nanoparticle: a remarkably versatile rare earth nanomaterial for biological applications," *NPG Asia Mater.*, **6**, e90, (2014).
- [6] D. Gil D, J. Rodriguez, B. Ward, A. Vertegel, V. Ivanov, and V. Reukov, "Antioxidant activity of SOD and catalase conjugated with nanocrystalline ceria," *Bioeng.*, **4**, 18, (2017).
- [7] Z. Serebrovska, R. J. Swanson, V. Portnichenko, A. Shysh, S. Pavlovich, L. Tumanovska, A. Dorovskych, V. Lysenko, V. Tertykh, Y. Bolbukh and V. Dosenko, "Anti-inflammatory and antioxidant effect of cerium dioxide nanoparticles immobilized on the surface of silica nanoparticles in rat experimental pneumonia," *Biomed. Pharmacother.*, **92**, 69-77, (2017).
- [8] Z. Ouyang, M. K. Mainali, N. Sinha, G. Strack, Y. Altundal, Y. Hao, T. A. Winningham, E. Sajo, J. Celli and W. Ngwa, "Potential of using cerium oxide nanoparticles for protecting healthy tissue during accelerated partial breast irradiation (APBI)," *Phys. Med.*, **32**, 631-635, (2016).
- [9] I. Nurhasanah, W. Safitri, T. Wlindarti and A. Subagio, "The calcination temperature effect on the antioxidant and radioprotection properties of CeO<sub>2</sub> nanoparticles," *Reaktor*, **18**, 22-26, (2018).
- [10] C. Hwang, J. M. Kim and J. H. Kim, "Influence of concentration, nanoparticle size, beam energy, and material on dose enhancement in radiation therapy," *J. Radiat. Res.*, **58**, 405-411, (2017).
- [11] P. Retif, S. Pinel, M. Toussaint, C. Frochot, R. Chouikrat, T. Batogne, and M. B. Heyob, "Nanoparticles for radiation therapy enhancement: the key parameters," *Theranostics*, **5**, 1030-1044, (2015).
- [12] R. Zamiri, H. A. Ahangar, A. Kaushal, A. Zakaria, G. Zamiri, D. Tobaldi and J. M. F. Ferreira, "Dielectrical properties of CeO<sub>2</sub> nanoparticles at different temperatures," *PLoS One.*, **10**, e0131851, (2015).
- [13] S. Phoka, P. Laokul, E. Swastiang, V. Promarak, S. Seraphin and S. Maensiri, "Synthesis, structural and optical properties of CeO<sub>2</sub> nanoparticles synthesized by a simple polyvinyl pyrrolidone (PVP) solution route," *Mater. Chem. Phys.*, **115**, 423-428, (2009).
- [14] H. Ko, G. Yang, M. Wang and X. Zhao, "Isothermal crystallization kinetics and effect of crystalline on the optical properties of nanosized CeO<sub>2</sub> powder", *Ceram. Int.*, **40**, 6663-6671, (2014).
- [15] K. K. Babitha, A. Sreedevi, K. K. Priyanka, B. Sabu and T. Varghese, "Structural Characterization and Optical Studies of CeO<sub>2</sub> Nanoparticles Synthesized by Chemical Precipitation," *Indian J. Pure Appl. Phys.* **53**, 596-603, (2015).
- [16] Z. Lu, C. Mao, M. Mei, L. Sang, Y. Tian, L. Yu, B. Sun and C. M. Li, "Fabrication of CeO<sub>2</sub> nanoparticle-modified silk for UV protection and antibacterial application," *J. Colloid Interface Sci.*, **435**, 8-14, (2014).
- [17] M. S. Wason and J. Zhao, "Cerium oxide nanoparticles: Potential applications for cancer and other disease," *Am. J. Transl. Res.*, **5**, 126-131, (2013).
- [18] G. Huang, H. Chen, Y. Dong, X. Luo, H. Yu, Z. Moore, E. A. Be, D. A. Boothman and J. Gao, "Superparamagnetic iron oxide nanoparticles: Amplifying ROS stress to improve anticancer drug efficacy," *Theranostics*, **3**, 116-126, (2013).
- [19] K. Kobayashi, N. Usami, E. Porcel, S. Lacombe and C. L. Sech, "Enhancement of radiation effect by heavy element," *Mutat. Res.*, **704**, 123-131, (2010).