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Comparison of Antibacterial Activity of Sambiloto (Andrographis paniculata) Ethanol and Water Stem Extract Against Methicillin-Resistant Staphylococcus aureus (MRSA) ATCC 3351 In Vitro

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ABSTRACT

Background: Methicillin-resistant *Staphylococcus aureus* (MRSA) is penicillin and cephalosporine resistant *Staphylococcus aureus* which is a major cause of nosocomial infection. Various studies have been conducted for resistant cases, especially herbs which have antibacterial activity. Sambiloto (*Andrographis paniculata*) is an example of herb which has antibacterial activity due to the presence of andrographolide. Andrographolide soluble in ethanol and poorly in water, while extraction with alcohol causes andrographolide's degradation. This study aimed to investigate the antimicrobial activity of ethanol and water stem extract and compare them against MRSA ATCC 3351 in vitro.

Methods: This is an experimental study with a post-test only control group design and conducted by disc diffusion technique to obtain an inhibition zone against MRSA.

Result: The result of this study showed the mean inhibitory zone of ethanol stem extract was 5,87mm, 6,77mm, 7,87mm respectively for 25%, 50%, and 100% concentrations, while 1% concentration did not show antibacterial activity. Water stem extract at 1%, 25%, 50%, and 100% concentrations showed mean inhibitory zone was at 4,57mm, 7,17mm, 8,67mm, and 9,67mm respectively.

Conclusion: Ethanol and water stem extract showed antibacterial activity against MRSA. The independent sample t-test didn't show a difference between ethanol and water stem extract of *Andrographis paniculata* toward MRSA (p>0,05).

Keywords: Andrographis paniculata's stem extract; ethanol; water; MRSA; in vitro.

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Introduction

Methicillin-resistant Staphylococcus aureus (MRSA) is Staphylococcus aureus which is resistant to various classes of antibiotic.¹ MRSA becomes a major worldwide health problem because it causes nosocomial infection.^{2,3} In Indonesia at three academic hospitals in 2014. there were 366 of 1.502 operating patients have carried S. aureus and 4,3% carried MRSA.3 The MRSA resistance mechanism was first identified in 1981.4 MRSA evolved from MSSA through SCCmec acquisition which carried mecA gene.⁵ This gene encoded PBP2a which has a weaker affinity for β -lactam antibiotic that causes the synthesis of S. aureus peptidoglycan was not interrupted when given an antibiotic.^{6,7} MRSA can be classified into HA-MRSA, CA-MRSA and LA-MRSA.8 Gold standard for infection of MRSA is vancomycin, however, a strain that is less sensitive to vancomycin appears to challenge the role of vancomycin being the first line therapy of MRSA.²

Andrographis paniculata is known as sambiloto in Indonesia and it is an annual herbal plant that grows in shady and moist areas with 30-110cm in height.^{9,10} Andrographis paniculata has a blood purifying and cold property which consume as herbal tea and jamu in Indonesia.^{9,11,12} Andrographis paniculata has terpenoid, flavonoid, xanthones, noriridoid and traces element.¹³ Andrographolide is diterpenoid which has antibacterial activity and scattered in each part of Andrographis paniculata with a different concentration.^{14,15} The highest concentration of andrographolide is in the stem.¹⁶

Andrographolide is an active compound soluble in semi-polar solvent such as ethanol and less soluble in water solvent.^{17,18,19} Andrographis paniculata with ethanol as a solvent has been reported to show antibacterial activity in Doss and Kalaichelvan, 2011, Ganapathy and Karpagam, 2016, Sule, 2011.^{20,21,22} However, andrographolide extraction with alcohol component cause degradation andrographolide of due to esterification.¹⁸ This study aimed to investigate the antibacterial activity of Andrographis paniculata's ethanol and water stem extract and compare them against MRSA ATCC 3351 in vitro.

Methods

This study was an experimental study with a post-test only control group design. This study was carried out from February 2019 to October 2019. The extraction process was conducted at Lab. of Pharmacology and Therapy, Faculty of Medicine, Udayana University, while the antibacterial assay was conducted at Lab. of Microbiology, Faculty of Medicine, Udayana University.

Ethical clearance has been received from the Research Ethics Commission Udayana University/Sanglah General Hospital Denpasar with evidence of ethical clearance number: 862/UN14.2.2.VII.14/LP/2019.

Plant collection and sample preparation

Andrographis paniculata collected from Baturiti village, Kerambitan subdistrict, Tabanan District, Bali Province, Republic of Indonesia. Andrographis paniculata had determined in Plant Conservation Center "Eka Karya" Botanical Garden, Bedugul, Bali Province - Indonesian Institute of Sciences (LIPI). Plants were rinsed off thoroughly and stem part was taken. The stem parts then cut and dried by indirect sunlight through aerated for 7 days. Dried sample than ground into a powder. Extraction was done by the maceration method, 320g of powder has solved in 2,8L ethanol 95% while 240g powder has solved in 2,1L aquades (1:9 ratio). Maceration products were filtered and were evaporated by evaporator rotary. The extracts were stored in a small container in the refrigerator.

Test Microorganism and Culture

MRSA ATCC 3351 was acquired from Lab. of Microbiology, Faculty of Medicine, Udayana University, Denpasar, Bali Province, Republic of Indonesia. MRSA was cultured on blood agar with 37^oC temperature for 24 hours and it was identified with gram staining, catalase test, MSA test, and cefoxitin disc diffusion test. Then, MRSA was subcultured on Mueller Hinton agar (MHA).

Antibacterial Activity Assay

MRSA suspension with standard turbidity of 1x10⁸ CFU/ml smeared on MHA and left at room temperature for 30 minutes. Antibacterial activity observed by the disc diffusion technique in three repetitions. Ethanol 95% and aquades were used to dissolve the viscous extract. The 100% concentration consists of viscous extract without solvent. The 50% concentration consists of 0,25g viscous extract with 250µL solvent. The 25% concentration consists of 0,125g viscous extract with 375µL solvent, while the 1% concentration consists of 0,005g viscous extract with 495µL solvent. Blank disc soaked with four extract concentration for 10 minutes. Vancomycin 30µg used as the positive control and blank disc used as the negative control. The disc placed on a petri dish that has been smeared by bacteria. Petri dishes were labeled and incubated at 37^oC for 24 hours.

Statistical procedures

Zone of inhibition (ZOI) measured with Vernier caliper and analyze with SPSS 24 version. Data were then analyzed by Shapiro-Wilk test for normality and Levene test for homogeneity. Statistic hypothesis test performed was one-way ANOVA to obtain mean differences between group in each extract. Independent sample t-test performed to compare the inhibitory zone of ethanol and water stem extract at the same concentration.

Result

Andrographis paniculata's ethanol and water stem extract form inhibition zone against MRSA shown in Figure 1. Shapiro-Wilk test was performed and showed a value above 0,05 that indicated data of this study were normally distributed, while Levene test showed 0,045 value for ethanol extract data and 0,002 for water extract data (p<0,05). It indicated data variances were significance (inhomogeneous). One-way ANOVA showed significance value of 0,0001 (p<0,05) for ethanol and water stem extract. It means there are significant differences in ZOI due to the administration of ethanol and water stem extract. The independent sample t-test showed a value above 0.05 when comparing ethanol and water stem extract at the same concentration.



Figure 1. ZOI formed by Andrographis paniculata's ethanol stem extract (left) and water stem extract (right) against MRSA

The mean of the inhibitory zone presented in Table 1 while the result of independent sample t-test presented in Table 2.

Table 1. Mean inhibitory zone of Andrographis
paniculata's ethanol and water stem
extract against MRSA

Groups	Zone of inhibition [mean ± SD (mm)]	
	Ethanol	Water
	extract	extract
Blank disc	0	0
Vancomycin 30µg	18,77±0,21	18,80±0,26
1% concentration	0	4,57±3,96
25% concentration	5,87±0,15	7,17±1,04
50% concentration	6,77±0,25	8,67±1,53
100% concentration	7,87±0,15	9,67±1,53

SD: standard deviation

Table 1 showed vancomycin 30µg formed a larger ZOI than *Andrographis paniculata*'s stem extract, while the largest extract concentration formed the largest ZOI than other concentrations. The greater ethanol and water stem extract concentration, the greater the ZOI formed.

Concentration of extract		Sig. (ethanol	
Ethanol	Water	vs water)	
1%	1%	0,184	
25%	25%	0,099	
50%	50%	0,101	
100%	100%	0,112	

Table 2. Andrographis paniculata's ethanol vswater stem extract

Sig.: Significance value from independent sample t-test

Significance value in Table 2 proved that there were no significant differences between *Andrographis paniculata*'s ethanol and water stem extract against MRSA growth.

Discussion

Ethanol extract of *Andrographis paniculata* able to inhibit MRSA's growth started from 25% concentration, while aqueous extract showed the formation of ZOI started from 1% concentration. That was the lowest concentration that can inhibit the growth of MRSA known as minimum inhibitory concentration (MIC).²³ According to the formation of ZOI, the inhibitory response of bacterial growth can be divided into four categories. Very strong response if ZOI \geq 21mm, strong response if ZOI formed between 11-20mm, moderate response if ZOI formed between 6-10mm, and weak response if ZOI \leq 5mm.²⁴

Based on Table 1, vancomycin 30µg has a strong inhibitory response against MRSA growth. Similar results obtained from Hayati et al., 2012 and Hussain et al., 2019 who reported vancomycin 30µg were having a strong inhibitory response against MRSA.^{25,26} Ethanol extract at 1% concentration didn't form ZOI and assumed it didn't show antibacterial activity. At the same time, ethanol extract at 25%, 50%, and 100% concentration showed moderate inhibitory response. Similar result obtained from Shalini and Narayanan, 2015 that Andrographis paniculata's ethanol stem extract showed moderate inhibitory response against Staphylococcus sp.²⁷ Moderate response also demonstrated by Andrographis *paniculata*'s ethanol stem extract against *S. lentus* and *S. aureus* in Xavier and Kumar, 2018.²⁸

Different results reported by Ganapathy and Karpagnam, 2016 who obtained ethanol extract of *Andrographis paniculata* at 100% concentration showed a very strong inhibitory response against MRSA with 30mm, 28mm, and 30mm of ZOI in three repetitions. The differences occur because their study uses *Andrographis paniculata*'s whole plant.²¹

Water stem extract at 1% concentration showed weak inhibitory response, while 25%, 50%, and 100% concentration showed moderate inhibitory response against MRSA. The similar result of moderate inhibitory response shown by water stem extract of *Andrographis paniculata* against *Staphylococcus sp., Escherichia coli*, and *Pseudomonas sp.* in Shalini and Narayanan, 2015.²⁷ Sule et al., 2010 reported the different result of *Andrographis paniculata*'s water extract which shown strong inhibitory response against *Staphylococcus epidermis* and *S. aureus*. Their study uses the whole plant of *Andrographis paniculata* as sample.²²

The different part of Andrographis paniculata which used as extract affects the antibacterial activity produced. It is because andrographolide concentration which is an active compound with antibacterial activity varies in each part of the plant.²⁹ Cheung et al., 2010 stated andrographolide was distributed by 0,61% in roots, 1% in leaves, 1,11% in stems, while 3,545% in whole part. The origin of sample wasn't mentioned.¹⁶ Another study reported the biggest concentration of andrographolide was in leaves which were 2,35%, whereas there was only 0,52% in roots and 0,35% in stems. Sample collected from the forest in Chhindawara, Balaghat dan Amarkantak, Madhya Pradesh, Dhamtari dan Jagdalpur dan Chhattisgarh.³⁰

Different percentage of andrographolide occurs due to diversity of growing location, plant ages, and plant supplementation. Maximum andrographolide percentage obtain from *Andrographis paniculata* in a location with a moderate temperature (28^oC), while the lowest percentages obtain from *Andrographis paniculata* which was growing in a plateau with 20-25^oC of temperature. Other external factors such as sun exposure, growth stages, NPK administration, minerals in the soil and season when *Andrographis*

paniculata was growing also influence the quantity of andrographolide. Internal factors such as physiological and biochemical factors and plant morphologies which consist of plant heights, stem diameters, leaf sizes and number of branches also influence andrographolide concentration.^{31,32}

Andrographolide acts as an antibacterial agent by impair DNA synthesis of bacteria with the results that disruption of protein and RNA induces the inhibition synthesis. This of downstream pathways on bacterial biosynthesis. Besides, andrographolide plays a role in the inhibition of S. aureus's biofilm formation by reducing the formation of polystyrene on bacterial cell surfaces results in the reduction of biofilm thickness gradually as the increase of andrographolide dose.14

This study showed the greater *Andrographis paniculata*'s ethanol and water stem extract, the greater the ZOI formed. Whilst, the increase of ZOI wasn't as large as the increase of given concentration. A small increase in ZOI or a decrease in ZOI when increasing extract concentration can occur due to the increase in extract's viscosity. Viscous extract causes an inadequate diffusion of the extract with their bioactive compound to the MHA and on other hands, the active compound doesn't dissolve completely.³²

Based independent sample on t-test. Andrographis paniculata's ethanol stem extract wasn't significantly different from water stem extract in inhibiting MRSA growth. This result occurs because the extraction of Andrographis paniculata using alcohol compounds causes degradation of andrographolide which is a component of lactone. The opening of the lactone ring was the one of destruction mechanism of andrographolide through trans-esterification.³³ Furthermore, the extraction of Andrographis paniculata in the alkaline environment causes andrographolide to be degraded to 14-deoxyand 11,12-didehydroandrographolide 15-secoandrographolide through dehydration of allvl alcohol and hydrolysis of andrographolide.³⁴

Conclusions

The ethanol and water stem extract of Andrographis paniculata has antibacterial activity against MRSA ATCC 3351 while there is no difference between ethanol and water stem extract which have same concentration against MRSA ATCC 3351. The potential antibacterial activity needs further study. The optimum dose as an antibacterial must be developed. From this study, ethanol and water stem extract of *Andrographis paniculata* potentially be used as antibacterial in the future. In vivo and clinical evaluation will be conducted.

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